

# The Gumball Machine

As we grow and learn more about choices and the independence to make the 'right' choice, this can be a great motivator. Our family has many sports, so for example, they get to color in one gumball for every hour of sports practice when they go and don't complain. Then, when they hit all the gumballs, we do something special like ice cream. If they skip practice, they lose gumballs that I X with a pencil and must re-earn them. It's a TERRIFIC way to keep them excited with something so simple. Use this for your family & "trouble area" like teeth brushing or going to school without fuss.



